

NUTRITION SERVICES

The Governing Board recognizes that adequate, nourishing food is essential to student health, development, and ability to learn. The Superintendent or designee shall develop strategies to increase students' access to the district's food service programs and to maximize their participation in available programs.

Foods and beverages available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease.
2. Meet or exceed nutrition standards specified in law and administrative regulation.
3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits.
4. Be served in age-appropriate portions.
5. Be available to students who meet federal eligibility criteria at no cost or at reduced prices, and to other students at reasonable prices.

The district's food service program shall give priority to serving unprocessed foods and fresh fruits and vegetables.

The Superintendent or designee may invite students and parents/guardians to participate in the selection of foods of good nutritional quality for school menus.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation.

In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the food preparation process, from receiving to service.

The Superintendent or designee shall annually report to the Board on student participation in the district's nutrition programs and the extent to which the district's food services program meets state and federal nutrition standards for foods and beverages. In addition, the Superintendent or designee shall provide all necessary and available documentation required for the Administrative Review conducted by the California Department of Education (CDE) to ensure the food service program's compliance with federal requirements related to nutrition standards, meal patterns, provision of drinking water, school meal environment, food safety, and other areas as required by the CDE.

LEGAL REFERENCE:**CALIFORNIA EDUCATION CODE**

35182.5 Contracts, non-nutritious beverages

38080-38103	Cafeteria, establishment and use
45103.5	Contracts for management consulting services; restrictions
49430-49434	Pupil Nutrition, Health and Achievement Act of 2001
49490-49494	School breakfast and lunch programs
49500-49505	School meals 49510-49520 Nutrition
49530-49536	Child Nutrition Act
49540-49546	Child Care Food Program
49547-49548.3	Comprehensive Nutrition Services
49550-49562	Meals for needy students 49570 National School Lunch Act

HEALTH AND SAFETY CODE

113700-114437	California Retail Food Code
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CALIFORNIA CODE OF REGULATIONS, TITLE 5

15510	Mandatory meals for needy students 15530-15535 Nutrition education
15550-15565	School lunch and breakfast programs
15575-15578	Requirements for foods and beverages outside federal meal programs

UNITED STATES CODE, TITLE 42

1751-1769j	National School Lunch Program, including:
1758b	Local wellness policy
1761	Summer Food Service Program and Seamless Summer Feeding Option
1769a	Fresh Fruit and Vegetable Program
1771-1793	Child nutrition, especially:
1772	Special Milk Program
1773	National School Breakfast Program

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31	National School Lunch Program
215.1-215.18	Special Milk Program
220.2-220.22	National School Breakfast Program
245.1-245.13	Eligibility for free and reduced-price meals and free milk